



2012 SATURDAY Water Safety Schedule

St. Lucie County / American Red Cross

RAVENSWOOD POOL

400 Ravenswood Lane Port St. Lucie, FL 34983 (772) 871-2183

\$61.00 or (\$30.00 with sponsorship) Maximum of two sponsorships per family and your 2011 tax return is required.

The WSIA program helps to train volunteers in the Water Safety Program. There is no fee to become a WSIA.

Jr. Lifeguard

A session is four Saturdays.

<u>June 16 – July 7</u> Make-up day <u>July 14</u> Must be 10 and a level 4 or higher Only one make-up day will be done per session.		
8:30 – 10:30 Beginner <u>RJG1B</u>	10:00 – 12:00 Advanced <u>RJG1A</u>	Instructor Mike Arteaga
<u>July 28 – Aug 18</u> Make-up day <u>August 25</u> Must be 10 and a level 4 or higher Only one make-up day will be done per session.		
8:30 – 11:30 Beginner <u>RJG2B</u>	10:00 – 12:00 Advanced <u>RJG2A</u>	Instructor Mike Arteaga

Water Safety Instructor Aid

Please e-mail berryll@stlucico.org if you would like to volunteer to help with swimming lessons and to gain community service hours. Must be 14 years or older.
We will hold a parent/volunteer information meeting on April 25th, from 6:00-7:00pm. Please bring a swim suit for the volunteer training from 7:00-8:30pm. A background check will be required at the County's expense.

Saturday Water Safety Lessons

A session is six Saturdays.

June 2 – July 7 Make-up July 14, or July 21 at 5:00 -7:20 pm					
8:40 – 9:20		9:25 – 10:05		10:10 – 10:50	
Parent Child	Preschool	Preschool		Preschool	
1	2a	2b	2a	3	
RS1PC	RS1P1	RS1P2a	RS1P2b	RS1P2a.5	RS1P3
8:45 – 9:40		9:50 – 10:45			
RS11	Level 1	RS13	Level 3		
RS12a	Level 2a	RS14	Level 4		
RS12b	Level 2b	RS1A1	Adult 1		

July 21 – August 25 Make-up September 1 or 8				
8:40 – 9:20		9:25 – 10:05		10:10 – 10:50
Preschool		Parent Child	Preschool	Preschool
1	2a		2a	2b
RS2P1	RS2P2a	RS2PC	RS2P2a.5	RS2P2b
8:45 – 9:40		9:50 – 10:45		
RS21	Level 1	RS22.5a	Level 2a	
RS22a	Level 2a	RS22b	Level 2b	
RS23	Level 3	RS2W	Waiting List	

Call the facility to inquire about bad weather cancellations 30 minutes prior to class.

Only two make-ups will be done per session.

Participant's Name		Male / Female DOB
Mailing address		
Contact e-mail address		
Home Phone:		
Cell Phone		

Medical Condition / Special needs:

NO

YES Please ask for an additional form to fill out.

I have thoroughly read, understand and agree with the policies, guideline, releases and waivers given to me to read on the back.

Signature: _____ Date: _____

Office use only: Scholarship \$ _____ Cash _____ Check _____

Visa/MC/Discover _____ Changes made in current session: _____

Staff Received by: _____

Checks payable to: St. Lucie County BOCC

St. Lucie County Program Policies:

No Refunds / Credits are only given upon supervisor approval. You must e-mail guggeric@stlucieco.org three days prior to the start of the session you originally signed up for to request a credit. Send the students name, level and class information in the e-mail. Please call 772 - 462- 2560 and give the same information if e-mailing is not possible and be sure to state the day and time you called. The credit can only be transferred one time to pool passes or you may roll a credit to another session of 6 classes in the 2012 season if room is available. A credit of your choice will be granted with a doctor's note if your child missed the session of 6 classes due to an unforeseen illness three or less days prior to the start of the session. Once you have attended class and the session started no credits will be issued.

Program Guidelines

- Students must shower and wait in the designated area before class.
- You may only enter the pool gates 10 minutes before class begins to get prepared for class.
- We are not responsible for lost or stolen items.
- Students must wear swim suits and children who are incontinent must have a swim diaper on.
- Whoever brings the student to lessons must stay on deck throughout the duration of the lesson.
- Class placement will be determined by Aquatics staff at the time of registration. The Learn to Swim school age children will need to take a swim test for class placement.

Bad Weather Cancellation

Call the facility to inquire about bad weather cancellations 30 minutes prior to class.

Only two make-ups will be done per session.

Guidelines for Class Placement:

Parent/Child

Age six months to age three, if not potty trained. (Please have your child wear a swim diaper.)

Pre-school

Must be three, potty trained, is ready to make a break from mom and has not started Kindergarten.

1. Does not want to get their face wet.
- 2a. Feels comfortable submerging under water but is not able to float independently nor feels comfortable in water over their heads.
- 2b. Feels comfortable submerging under water and is able to float independently.
3. Able to glide 10 feet or more to the instructor and is ready to learn to swim basic strokes.

Learn to Swim

Level 1. (Water Exploration) For students who were in Kindergarten in the 2011-2012 school year and do not like to get their face wet or do not know how to float. (Ages 6 and up)

Level 2a. (Primary Skills) Students need to be able to submerge completely under the water and walk in chest - deep water plus have a basic understanding of how to float.

Level 2b. Students must be able to float independently and are merging in the basic strokes but are not ready to swim the width of the pool independently.

Level 3. (Stroke Readiness) Students must be able to roll from front float to back float and float for a count of ten plus, be comfortable swimming Front Crawl and Back Crawl across the width of the pool in 5 feet of water.

Level 4. (Stroke Fluency) Students must be able to swim the basic five strokes the length of the pool.

Level 5. (Stroke Refinement) Students are ready to refine all five strokes and need to increase endurance.